Big milestone for trans and intersex people in Europe: Equality bodies must now work on our rights

On 7 May, the EU adopted a Directive on minimum standards for equality bodies, recognising sex characteristics as a ground for protection for the first time in EU legislation, and gender identity and expression for the second time. Equality bodies now must consider the gender identity, gender expression or sex characteristics of a (potential) victim of discrimination.

This achievement marks a huge milestone for our rights and a massive win for our communities. Trans and intersex people have campaigned for over a decade for these powerful anti-discrimination bodies to be on their side. We thank all the organisations, activists and community members who have worked tirelessly to bring about this change.

Discrimination in EU countries

In the EU, trans, nonbinary and intersex people routinely face discrimination when looking for jobs, searching for accommodation and accessing goods and services. According to the Intersections report we produced with ILGA-Europe, every third trans and non-binary person in the EU experienced discrimination when looking for a job (compared to 1 in 10 of the other LGBTI respondents). When asked why an incident of discrimination was not reported, trans and non-binary people were more likely than all LGBTI respondents to indicate that they feared intimidation, were too hurt by the incident, did not trust authorities, or believed that nothing would happen.

What is an equality body?

An equality body is an organisation that helps ensure people are treated fairly and equally, regardless of factors such as race, gender, age, or disability. They investigate complaints of discrimination, promote equality, and provide advice and support to people who feel they have been unfairly treated.

For example, an equality body can intervene if a trans woman is denied access to a gym because she is trans or if a non-binary person is refused coverage from a health insurer. But, also more broadly equality bodies can contribute to better social acceptance of trans people by running public campaigns or by bringing different authorities together to discuss fewer barriers when changing documents, accessing healthcare or reporting abuse.

How does the new directive improve the situation for trans and intersex people?

In the EU, 19 out of 27 countries have equality bodies that already work to protect trans people from being treated unfairly. However, how they do it and whether they work for all trans people or only those who are also medically transitioning is often not clear. The new EU directive ensures that all equality bodies in the EU have to work for all trans, non-binary and intersex persons’ equality.

When someone complains to an equality body for being treated unfairly, the equality body needs to be able to provide assistance to each victim. “Victims” refers to anyone who feels they have been discriminated against, no
matter their socio-economic status, political views, age, health, nationality, immigration status, language, skin colour, literacy level, gender, gender identity, how they express their gender, or sex characteristics. Now that “gender identity” and “gender expression” are mentioned in the directive the full spectrum of trans people’s identities is covered. It means non-binary people and trans people who do not wish to medically transition are also included.

How can I find an Equality Body in my country?

You can find your national equality body in this list by Equinet.

Joint statement

Together with ILGA-Europe, OII Europe, IGLYO and EL*C, we warmly welcome the inclusion of sexual orientation, gender identity, gender expression and sex characteristics (SOGIGESC) grounds in a new EU Directive on minimum standards for equality bodies. Once again, we thank all the organisations, activists and community members who have worked tirelessly to bring about this change. Read our joint statement below.

Joint Statement: Milestone for trans and intersex rights in Europe

ILGA-Europe, TGEU, OII Europe, IGLYO and EL*C jointly welcome the inclusion of SOGIGESC grounds in new EU Directive on minimum standards for equality bodies.

On 7 May 2024, two new directives on minimum standards for equality bodies were officially adopted by the EU. One of the directives includes in its recitals and articles the grounds of gender expression, gender identity and sex characteristics in addition to sexual orientation. This marks the first time sex characteristics have been mentioned explicitly in an EU directive, and the second time gender identity and gender expression have been mentioned in an EU directive. This is an important milestone for the protection of LGBTI people in EU legislation, and follows two years of joint advocacy on these directives by OII Europe, TGEU, ILGA-Europe, EL*C and IGLYO.

The two new directives amend existing EU laws in order to add provisions to strengthen the role and independence of equality bodies in the EU, setting minimum standards regarding their mandates, tasks, independence, structure, powers, accessibility and resources. Both directives are subject to EU primary law including the Treaties and the Charter of Fundamental Rights (CFR). Article 19 TFEU and Article 21 CFR include sexual orientation in the list of protected grounds against discrimination, therefore both new directives cover the grounds of sexual orientation as regards the mandates of equality bodies in the EU.

However, we need to go beyond this to properly address the reality of discrimination. Limiting equality bodies’ mandates to working only on the grounds of discrimination explicitly named in the EU treaties means that many causes of discrimination are left out, remaining unrecognised and therefore not properly addressed. In the case of LGBTI people, who face discrimination based on their sexual orientation, gender identity, gender expression or sex characteristics (or a combination of these grounds), not including gender identity, gender expression and sex characteristics in the mandates of equality bodies means that equality bodies cannot properly address discrimination faced by trans and intersex people. In a time when discrimination against LGBTI people is on the rise, this is a welcome move.

Together, OII Europe, TGEU, ILGA-Europe, EL*C and IGLYO advocated for references to the grounds of gender expression, gender identity and sex characteristics to be included in both new directives.

Directive 2022/0401 amends directives in the field of equal treatment between persons irrespective of their racial or
ethnic origin, equal treatment in matters of employment and occupation between persons irrespective of their
religion or belief, disability, age or sexual orientation, equal treatment between women and men in matters of social
security and the access to and supply of goods and services. This new directive required unanimous agreement in
the EU Council. Despite references to gender identity, gender expression and sex characteristics being included in
the text proposed by the European Parliament, due to opposition from a small number of EU countries, these
references did not make it into the final text.

However, for the second Directive, the references did make it into the final agreed text. Directive 2022/0400
amends existing Directives 2006/54/EC and 2010/41/EU which cover the implementation of the principle of equal
opportunities and equal treatment of men and women in matters of employment and occupation, including self-
employment. This directive required qualified majority voting in the EU Council. Therefore, the references to the
grounds of gender identity, gender expression and sex characteristics were included in the adopted text, in the
context of the definition of a victim of discrimination:

Recital 23

“In addition to prevention, a central task of equality bodies is to provide assistance to victims of discrimination.
Victims should be understood to encompass all persons who consider that they have experienced discrimination as
referred to in Article 4 of Directive 2006/54/EC or in Article 4 of Directive 2010/41/EU, irrespective, for example, of
their socio-economic status, political opinion, age, health, nationality, residence status, language, colour, level of
literacy, gender, gender identity, gender expression or sex characteristics.”

Article 6

“Member States shall ensure that equality bodies are able to provide assistance to victims as set out in paragraphs
2 to 4. For the purposes of this Directive, ‘victims’ mean all persons, irrespective, for example, of their socio-
economic status, political opinion, age, health, nationality, residence status, language, colour, level of literacy,
gender, gender identity, gender expression or sex characteristics, who consider that they have experienced
discrimination within the meaning of Article 4 of Directive 2006/54/EC or Article 4 of Directive 2010/41/EU.”

What’s next?

This achievement marks a milestone in the recognition of trans and intersex people in EU legislation and policy-
making, and will contribute to further protection against discrimination for LGBTI people by equality bodies across
the EU. We also extend our thanks to Equinet, the European Network of Equality Bodies, which led a successful
campaign on these directives and supported our calls for the inclusion of the grounds of gender identity, gender
expression and sex characteristics, based on the reality of discrimination against LGBTI people in the EU, as well
as existing EU policy, legislation, and decisions of the EU Court of Justice. We will now work together with relevant
authorities on the effective transposition of the equality bodies directives and we will continue to advocate for more
comprehensive protection for LGBTI people in EU policy and legislation.

1. The first mention was in the Victims’ Rights Directive, 2012/29

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